



Polish Intervention [Enter &gt;&gt;](#)

Piloting period:

**April – May 2012.**

Setting:

interventions took place at a residential school, located in the city center of Kraków.

Description of intervention:

- In each session the number of adolescents ranged from 15 to 22 pupils
- 60 parents participated in the intervention.

Main Obstacles:

- the possibility of implementing educational interventions for adolescents and their parents in one school (adolescents, parents)
- difficulty with sessions exceeding 60 minutes (especially for parents)
- parents faced difficulties with active methods of education, eg. role-playing

Suggestions for improvement:

- sessions should be scheduled at the beginning of the school year and dates for parent-teacher meetings should also be pre-determined (school)
- cycle of parents education should consist of three sessions during one school year and sessions should last for one-hour maximum
- development of educational „pocket“ materials, possible to carry with them (especially for parents )
- allowing more individual contact and consultations with educators ( parents )
- development of postgraduate studies or in-service training courses for teachers (local level)
- the reduction of educational presentations and replacement with more active method of education (adolescents)

Lessons learned:

- Promote the project idea at schools using the support of governmental administration – The Educational Office (have five branches)
- Announce the program at the beginning of the school year and including it in the schedule of activities planned for teenagers and parents.
- Investigate alternative methods of recruitment of parents.







