



Aim

The promotion of a healthier smoke free way of life for European adolescents and their families is the **main and general objective of the euFAQT Project**. euFAQT aims to complement EU policies on smoking prevention and cessation by adding to the knowledge about smoking prevention and cessation in adolescents.

It seeks to create a culture of prevention by ***promoting the benefits of smoke free environments, de-normalizing smoking and facilitating efforts for cessation***

Adolescents and their families are approached in key educational and entertainment settings and with their participation the project aims to develop, implement and evaluate innovative, evidence based and easily transferable interventions for the prevention of smoking and the enhancement of smoking cessation efforts.



Specific objectives

1. To have a framework of smoking prevention and cessation methodologies targeting adolescents and their families. The framework will include a critical review of existing smoking prevention and cessation methodologies, as well as gender related, lifestyle and contemporary cultural issues related to smoking among both adolescents and adults.
2. To have focus groups conducted in one setting – e.g. school, community center, etc. – and develop a comprehensive understanding of smoking prevention and cessation possibilities in adolescents and their families
3. To have interventions designed for the prevention and cessation of smoking among adolescents and their families emphasizing skills and awareness building, promoting smoking prevention and cessation using a family participation approach
4. To have interventions implemented and evaluated in the partner countries (EL, BG, SK, PL, RO, HU)
5. To have results widely disseminated among stakeholders and policy makers to encourage transferability and sustainability across Europe especially among MS not represented in the partner consortium